

CARE4U - Training and mutual learning platform available

CARE4U provides innovative approaches based on practice (better than theory) through an online learning tool with different functionalities offering the opportunity of learning at any moment. Partners from 4 European countries are collaborating to develop innovative approaches within the CARE4U project, funded with the support of the European Commission within the Erasmus+ KA2 Strategic Partnership programme.

CARE4U consortium has just launched the platform through a web application developed for the exchange of information among health professionals and caregivers. It is envisaged as a means for acquiring knowledge adapted to their needs in the tasks of home care services regarding health protocols and best practices. CARE4U offers a participatory method supported by ICT-based methodologies, using an online learning tool which offers different alternatives for the exchange: content upload, forum and webinars sessions.

Care4U provides the training and mutual learning on the topic, preparing better those who are already active as caregivers, allowing those who are unemployed to acquire skills which can help to open up a career in the care sector at home. In consequence, the bank of knowledge that CARE4U owns, is currently focused on caregivers (non-experienced, unemployed or those who want to acquire new expertise).



Once the tool has been validated and populated by the consortium, it has been tested with approximately 50 people from Austria, Romania, Spain and the UK. During first phases, different technological platform/ tool prototypes were developed for sample groups of our target audience's validation as well as for our consortium organisations. Then,

the platform was opened to public to receive valuable input and to enrich first contents provided at the platform. Feedback at this stage – collated

during talks and online by questionnaires – have been used to improve and finalise the platform for an even wider user number.

If you are interested in the Care4U tool and material, you can simply read about Promoting Health or Self-care and development e.g. or network and contact (other) professionals online by simply registering on: <https://care4u.hi-iberia.es:4533/>.